



**ACTION**



**Jointly Organised by**  
Asian Society Against Dementia  
The Chinese Dementia Research Association  
The Hong Kong College of Psychiatrists



## The Fifth International Congress of the Asian Society Against Dementia – Action, Strategies and Developments

5 - 6 November 2011  
The Hong Kong Academy of Medicine, Hong Kong



**STRATEGIES**



### Themes

Biology of Alzheimer's Disease  
Community management for dementia  
Comprehensive clinical evaluation  
Genetics and biomarkers  
Metabolic and medical comorbidity  
Mild cognitive impairment and beyond  
Neuroimaging in dementia  
Non-AD dementia  
Non-drug interventions  
Present and close future of AD treatment  
Service delivery models in Asia  
Vascular cognitive impairment

### Confirmed Plenary Speakers

Prof Sookja K Chung (Hong Kong)  
Prof Serge Gauthier (Canada)  
Prof Linda Lam (Hong Kong)  
Prof Jean-Marc Orgogozo (France)  
Dr Marcus Richards (United Kingdom)  
Prof Philip Scheltens (Netherlands)  
Prof Steven Zarit (USA)

### Registration rates:

Early bird rates	(For payment received by 1 September 2011)	
Medical professionals	HK\$ 2,000	US\$ 260
Non-medical professionals	HK\$ 1,500	US\$ 200
Ordinary rates	(For payment received after 1 September 2011)	
Medical professionals	HK\$ 2,500	US\$ 330
Non-medical professionals	HK\$ 2,000	US\$ 260

The Scientific Committee invites submissions for papers  
Deadline of abstract submission: 30 June 2011

### Pre-congress Workshop (4 November 2011)

#### Caregiver Burden: Theory and Treatment – Prof Steven Zarit

Early bird rates	(For payment received by 1 September 2011)
	HK\$ 700 / US\$ 90
Ordinary rates	(For payment received after 1 September 2011)
	HK\$ 800 / US\$ 110

### Supporting Organisations:



**DEVELOPMENTS**



For registration and abstract submission,  
please visit our website: [www.asad2011.org.hk](http://www.asad2011.org.hk)



## Pre-congress workshop of the Fifth International Congress of the Asian Society Against Dementia

4 November 2011, 2:00 p.m. - 5:30 p.m.  
The Hong Kong Academy of Medicine, Hong Kong

### Caregiving Burden: Theory and Treatment"

**Professor Steven Zarit**

*Professor & Chair, Department of Human Development and Family Studies,  
Pennsylvania State University, USA*

**Prof. Steven Zarit** was one of the first researchers to study the burden of dementia patients on family caregivers. His research and practice have centered for more than three decades on stress in family caregivers of dementia patients and on ways that stress can be relieved. His work has resulted in programs and services to assist family caregivers. In addition, he has shown that psychological measures can help predict the onset of disability in old age, and has also developed clinical models aimed at improving health care and living conditions for older adults. Professor Zarit has received numerous awards in recognition of his lifetime achievements, including the Distinguished Career Award, Gerontological Society of America in 2009 and M. Powell Lawton Award, American Psychological Association in 2006.

#### Content of the workshop:

- I. Caregiving Burden and the Stress Process
- II. Successful Interventions
- III. Treatment Techniques and Approaches

#### Registration rates of the pre-conference workshop:

Early bird rates	(For payments received by 1 September 2011)
HK\$ 700 / US\$ 90	
Ordinary rates	(For payments received after 1 September 2011)
HK\$ 800 / US\$ 110	

For enrollments, please visit our webpage:  
[www.asad2011.org.hk](http://www.asad2011.org.hk)

For enquires, please contact the secretariat at  
tel: (852) 2871 8787 / 2871 8897, fax: (852) 2871 8898 or  
email to [asad2011@hkam.org.hk](mailto:asad2011@hkam.org.hk)